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KNIFE IS THE BEST WEAPON

Training of Infantry on the Continent Hereafter Will Include Hand-to-Hand Fighting.

Today the defense stands pat on earthworks, wire and machine guns. The attack has tried gas, petrol, bayo-nets, siege artillery, field artillery, grenades and mines, and has come out, generally speaking, second best. Trench mortars have not developed the regulate accuracy nor the requisite destructive power. High-explo-sive shells in sufficient quantities have accomplished the best offensive work, and the infantry is depending more and more on a short, heavy knife, which is the best for work under-ground or in the dark. To sum up: killing the defenders of a position is accomplished by shells fired at least two miles away on the average; and, secondly, by what the French call body-to-body fighting, for which a knife is the best weapon. The train-ing of infantry on the continent will, in the future, undoubtedly include the technique of hand-to-hand strugglesfor which physical agility and strength must be developed.—New Republic.

Libe! on the Bagpipe.
All English battalions were recently warned to keep a careful watch for any contrivances which the Germans might use with the object of produc-ing poisonous gases. Shortly afterward a certain regiment on taking over some trenches found an old bagpipe left in the lines. At once the colonel, who possessed a rare sense of humor, sent the following message to brigade headquarters: "A weird instrument has just been discovered in my trenches; it is believed to be used for producing asphyxiating noises."

Defined.

Harry-Paw, what is a henpecked

Paw-A man whose nerve is in his wife's name.

Building Master Men

Potash, sodium, lime and iron are some of the vital mineral salts necessary to proper nourishment of mus-cle, brain and nerves, but are not found in proper abundance in white bread and many other foods.

Grape-Nuts

made from whole wheat and malted barley—richly supplies these needed min-eral elements and is a deli-cious dish served with cream or rich milk

Grape-Nuts food is splendid for brain workers, and ideal for school children. Being partially pre-digested, it is quickly absorbed by the system—going directly to the up-building of sinew, brain and nerves without overloading the stomach.

"There's a Reason"

Sold by Grocers.

THE WORLD IN **PARAGRAPHS**

BRIEF RECORD OF PASSING EVENTS IN THIS AND FOR-EIGN COUNTRIES.

IN LATE DISPATCHES

DOINGS AND HAPPENINGS THAT MARK THE PROGRESS OF THE AGE.

Western Newspaper Union Bawnstervice ABOUT THE WAR.

Russia will call an additional army of 8,000,000 reserves to colors.

An Austrian submarine torpedoed and sank a large British transport in the southern Adriatic.

The number of Russians taken prisoners since May 1 by the Aus-trians and Germans is reckoned by La Suisse at 2,571,750,

Field Marshal von Hindenburg's army is now well astride the Dvinsk-Vilna rallway, his advance guards hav-ing reached and occupied the town of

Official announcement was made in the House of Commons that the total of British war casualties up to Aug. 21 was 381,983 officers and men killed, wounded or missing.

A new vote of credit for \$1,250,000, 000 was asked in the House of Com-mons by Premier Asquith. This brings the total up to \$6,310,000,000. The premier announced that nearly 2,000,000 men had cullsted.

Official announcement was made in London that Russian torpedo boats had sunk near Sinope, a seaport of Asia Minor on the Black, sea, an entire ffeet of salling vessels laden with munitions of war. The crews of these ressels were taken prisoners.

Advices from Constantinople, acof the Exchange Telegraph Company, are to the effect that all government financial institutions, such as the Ottoman basis, are making preparations to move to the interior of Asia

According to the most recent finan cial report, M. Ribot said, the prerage monthly war expenses of Russia were 1,800,000,000 francs (\$360,000,000); Germany's monthly war expenses ap-proach 2,500,000,000 francs (\$500,000,-000), while Great Britain's exceed this

Minister of Finance Ribot's memo-randa accompanying the bill intro-duced in the chamber of deputies at Paris appropriating 6,200,000 francs (\$1,240,000,000) for the expenses of the last quarter of the year, say that France already has advanced 650,000,000 francs (\$130,000,000) to her allies.

Stern battles are being fought all along the eastern front from Riga to the Rumanian borders, and while the Germans continue to advance slowly the north and center, the Russians in the south are repeating their successes against the Austro-German armies, which are now being driven back neross the river Stripa in Galicia and have been forced to retire westward, north of the Galician fron-tier. To the south of Vilna, towards Grodno, the Russiaus are offering a stubborn resistance and have the Germans firmly held.

WESTERN

Colorado is to have auto mail deliv-

The fifteenth anniversary of the in lependence of Guntemala was celeprated as Guatemala day at the Pan ama Pacific Exposition at San Fran-

Several thousand suffragists from the various states opened at Prancisco a big convention under the auspices of the Women's Congressional Union.

More than 1,500 pairs of socks were collected at Duluth, Minn., fo Cana-dian soldiers on the Europeon battlefields at a "Christmast shower" given by Canadian sympathizers.

Bandits operating along the Mexi-can Northwestern railroad have threatened the lives of all foreigners. particularly Americans, according to reports received at El Paso, Tex.

Final surveys, preparatory to construction work, have been made dur-ing the past few days on the exten-sion of the Union Pacific system from Wyoming into the Colorado field tapped by the Moffat road.

Newman Erb, wealthy financier and railroad reorganizer, who swalis confined to his summer home at Deal, N. J., calmly awaiting the outthree specialists to save his life.. He is virtually free from pain, and is entirely conscious,

FOREIGN.

The Colombian Cubinet resigned as the result of a disagreement with the Congress.

All early reports to the army and civil officials indicated a peaceful celebration of the holiday by Mexi-

The death is announced at Florence, Italy, of Cardinal Penedetta Loren-zelli, archbishep of Lucca and perfect of the congregation of studies.

The first order the British government placed with the Canadian manu facturers for field artillery guns and howitzers amounted to \$65,000,000.

The bill providing for a general po-litical amnesty, which has been ap-proved by the Chamber of Deputies, was adopted at Lima, Peru, by the

The mayor of Regla, on the east shore of Havana harbor, has asked the secretary of the interior for per-mission to issue rifles to the police, as a negro uprising is feared.

The death is announced of Bugler Rolland, sole survivor of those who took part in the battle of Sidi Brahim in 1845 in the French war of subjugation in Algeria. He was 95 years old.

The Turin, Italy, Gazetta del Po-polo says it has received a dispatch rom Petrograd stating that Emperor Nicholas has granted amnesty to all political prisoners. The number af-fected is said to be more than 100,000.

The Russian duma was prorogued t Petrograd until mid-November, President Rodzianko announcing an imperial order authorizing the prore-gation, which had been transmitted through Premier Goremykin.

The power schooner Ruby arrived at Nome, Alaska, from Herschel Is-land, on the Arctic coast west of the mouth of the Mackenzie river, with news that Vihjalmur Stefansson, the Canadian explorer, who, with two companions, Storker, Storkerson and Ole Anderson, set out from Martin Point, Alaska, March 22, 1914, over the frozen Polar ocean to search for supposed new lands in the Beaufort ses, is not only alive and well, but has accomplished every purpose for which the hazardous journey was under-

SPORT.

Jack Torres of Albuquerque awarded the decision over Dick Wells of Cincinnati in their fifteen-round fight at the Ramona, Colo., Athletic Club.

Sam Goshen, well known in Colora-do Springs athletic and newspaper circles, and Miss Minnie A. Reed eloped to Pueblo and were married. Mr. Goshen had been umpire at the Zoo baseball park for several years and had refereed a number of local

The mile state pacing record was broken on the State Fair ground track at Pueblo, Colo., when Waynetta, a horse entered in the \$1,000 event, circled the oval in 2:081/4. The owner received a special prize of \$50 in addi-tion to the purse for the race.

According to the official statement made to the State Boxing Commission of New York by the promoters of the Gibbons-McFarland bout, 24,845 persons paid admissions to witness that boxing contest. The gross receipts were \$58,069, of which the state receives \$4,855.17.

Frank Clay, an aeronaut, fell from his parachute at the state fair grounds at Pueblo, Colo., receiving injuries from which he died six hours later, A year ago Weldon Cook, the California aviator, was killed at the state fair grounds when his aeropiane col-lapsed in attempting to "loop the

GENERAL.

Ten deaths were reported in the east from the heat wave,

The first cargo of German-made toys to arrive at Philadelphia this year was unloaded from the Holland-American line steamer Zasudyk, were 1,200 cases in the cargo.

Mayor Mitchel of New York said that the budget for 1916 may be \$212,-000,000, the increased figure being due to the direct state tax of \$19,000,000, of which the city will have to pay \$13,500,000.

John D. Rockefeller, Jr., through the Rockefeller Bureau of Social Hygiene, sent an \$13,000 check to Miss Katherine D. Davis, commissioner of corrections, toward the cost of erecting a hospital for drug habitues on Riker's island.

At Lobo, Tex., Fred Frisbie was drowned by a flood of water that came down a dry arroyo from a mountain cloudburst, and Napoleon Espall, a farm hand, was killed by lightning on the Cadwallader farm, seven miles below El Paso.

Near Bartlesville, Okla., one life was lost, property damaged to an ex-tent estimated at \$500,000 and train service demoralised on three rail-roads, the result of the worst flood that has overwhelmed that section in twenty-five years.

Children Cry for Fletcher's

CASTOR

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colle, all Teething Troubles and Diarrhoa. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

In Use For Over 30 Years

The Kind You Have Always Bought

The Alternative.

"Please may I keep my book till Monday?" asked the small voice of a small boy the other day over the tall counter of a London public library.
"Why do you want to keep it?" said
the librarian.

"Because I ain't finished it," said the little fell-

"How long will it take you to finish t?" quoth the librarian.
"An hour," said the boy.
"Well," said the librarian, "It is Sat-

urday night, but we do not close for two hours. Go home and finish the book and bring it back."

The boy thought hard, and the li-brarian said:

"Can't you do that?"
"No," he said, "I can't do that, be-cause if I go home I'll get a bath!"

Financial Reasons. "Why don't you get your doctor to reduce that swelling in your face?" "I'm afraid he'll put it in the bill."

Red Cross Bag Blue makes the laundress happy, makes clothes whiter than snow. All good grocers. Adv.

Toe often there is a sting back of honeyed words.

This Gem of Irish Wit. Lieut, "Andy" Rohan, who was at

his best when, on a dull and quiet evening in the headquarters at the old city hall, he gathered about him the night police reporters and told them stories of his youth and Ireland, told this one to his friend, "Matty"

"When I left Ireland, this manny a year ago, a lad in brogans and top hat, my mither came to the dock and she wept and wept at my going away. 'Never mind, mither mine,' says L.
'Amerikky is a land o' gold and opportunities. In a year I'll come back
to ye—rich.' But I didn't. I didn't
have annybody to go back to, My
mither was here keepin' house for us seven lads, and every one of us was, travelin' out o' the same station."-Chicago Herald

The Explanation.

"He is the only man I have ever seen who could eat corn on the cob gracefully.

"He is an expert player on the flute."

The amount of money in circulation in this country is \$34.53 per capita. In 1800 it was \$5.

FAMOUS PASTRY COOKS 5

The patrons of our first class hotels and restaurants are exacting—they demand the best. Women go where the pastry and cakes are noted for their excellence. Men are attracted by hot bread and biscuits—when fresh and moist and light.

The pastry cook with a reputation uses K C Baking Powder because he knows that results are certain; every time everything is as good as his best.

Then, too, with K C Baking Powder he can mix the various kinds of batter before the rush of the meal begins and bake as needed so that every order goes to the table fresh and hot, yet the last he bakes are just as good as the first.

The reasons behind these reasons is that K C is really a blend of two baking powders. One commences to give off leavening gas as soon as moistened. The other requires both moisture and heat to make it active. Dough or batter will remain in a partially leavened condition for hours, and when put in the oven, will come up as light as if mixed a moment before.

For cookies, pancakes, doughnuts and the like, which cannot all be baked at once, K C is indispensable. For all baking the double raise makes doubly certain.

Follow the example of the professional cook and your baking will be equal to his.

